

# Water is life



## 1. Read this text about a typical day. Highlight all the actions which involve the use of water.

"I get up at seven. I go into the bathroom where I have a shower. I have a cup of tea and some biscuits for breakfast. Then I brush my teeth. After that I leave home and go to school, where I stay from eight to one. At 10.30 we have a ten-minute break - I usually eat a snack and drink a bottle of still water from the vending machine. When I get home from school, I help my mother in the kitchen - I lay the table while she cooks pasta. After lunch I help her with the washing up. Then I relax in front of the TV or the computer for about one hour before doing my homework. On Monday and Friday afternoons I go swimming from 5 to 6. I usually eat meat, fish or cheese with vegetables and drink water for dinner. After dinner I usually watch TV or listen to music. I go to bed around 10, after brushing my teeth."

## 2. Tick the activities you do on a typical day. Then write how many litres of water you use for each of them.

ACTIVITIES	morning	afternoon	evening	LITRES
I have a shower				
I have a bath				
I brush my teeth				
I do the washing up				
I use the dishwasher				
I use the washing machine				
I flush the toilet				
I cook pasta				
I wash the family car				

### REMEMBER!

FOR	YOU USE ABOUT
a shower (3 mins)	40 litres
a bath	100 litres
brushing teeth (once)	2 litres
washing up	20 litres
using the dishwasher	18 litres
using the washing machine	70 litres
flushing toilet (once)	8 litres
cooking spaghetti	2 litres
washing car (with hose pipe)	400 litres

### Did you know?

If you turn off the tap when you brush your teeth, you save water!

## 3. Look at the information in the chart and complete.

I use about ..... litres of water a day.  
In my family, we use about ..... litres a day.



**4. Listen and complete. Use the figures on the right.** Traccia 3

**WATER FACTS!**

Water is essential to life. We should drink at least   litres of water a day.

  of the human body is made up of water. 1.1

Two thirds of our planet is covered by water, but about   of it is in the oceans and is salt water. The rest of the world's water is in rivers, lakes, glaciers and under the ground. Clean water is very important for a healthy life. Unfortunately, 80%

  billion people in the world - that's to say one out of   people - still do not have access to it. Contaminated water carries disease; 66%

  of illnesses in developing countries are caused by bacteria which people get from water. They are called water-borne diseases. 7

Some, like cholera, come directly from drinking dirty water; others, like malaria, come from organisms living or breeding in water. Safe water for everybody is the target for people all over the world. Water is precious. Help to save it and keep it clean! 1 1/2

Some, like cholera, come directly from drinking dirty water; others, like malaria, come from organisms living or breeding in water. Safe water for everybody is the target for people all over the world. Water is precious. Help to save it and keep it clean! 98%

**5. Pair work. In turns, ask and answer. Then write the answers in your exercise book.**

How much water should we drink every day?

How much water in the world is saltwater?

How much water is the human body made up of?

How many people in the world have no access to clean water?

How many illnesses in developing countries are caused by water-borne contamination?

**6. PROJECT** Design a poster to encourage people not to waste water.